Inroduction to Thread

Threads:

* A threads is an independent path of execution within a paragram.
* Many threads can run concurrently within a program
* Multithreading refers within a single program

**Threads class:**

Every thread in java is created and controlled by the java.lang.Thread class

**Creating Thread:**

There are two ways to create thread in java

* Implement the Runnable interface ( java.lang.Runnable )
* By extending the Thread class ( java.lang.Thread )